



Fifth Annual Annunciation CRS Rice Bowl

## "Share the Journey"

March 31, 2019 after 11 AM Mass  
Annunciation Cafeteria



Photo by  
Lauren Carroll/Catholic Relief Services

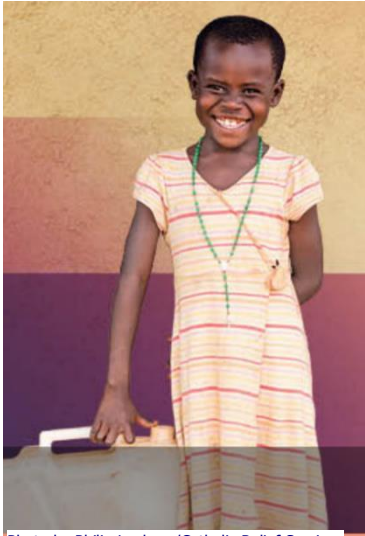







Photo by Philip Laubner/Catholic Relief Services

Join fellow parishioners and all school families for the  
CRS Rice Bowl Lenten faith-in-action program!

- Enjoy **fellowship** with your Annunciation community!
- Experience the journey with family friendly activities
- **Sample the recipes** and learn about the countries!



- Guatemala - Black Bean Soup 
- Uganda - Bamia (Okra Stew) 
- Sri Lanka - Coconut Dhal (Lentil Stew) 
- Sierra Leone - Ground Nut Stew 
- Gaza - Shakshouka (Eggs in Tomato Sauce) 

Your Rice Bowl donations provide **lifesaving aid** for millions of individuals living in conditions of poverty around the home world and at home!

- In its first **40 years**, more than **\$250 million** has been given through CRS Rice Bowl to support programs that prevent hunger and poverty around the world.
- **75%** of gifts support CRS' humanitarian programs around the world, including in the countries featured in the Lenten calendar.



- **Agriculture projects** help farmers improve harvests
- **Water and sanitation projects** bring clean water to communities
- **Microfinance projects** support small businesses
- Mother and child **health projects** offer health and nutrition services
- **Education projects** provide resources and training
- **25%** of gifts remain in each U.S. diocese where they are given to hunger and poverty alleviation efforts in those communities.

**\$1 per day during Lent (\$40) can provide a family with food for one month!**

Learn more at: <http://www.crsricebowl.org/>



**Annunciation Parish**  
**3547 Clifton AVE**  
**Cincinnati, OH 45220**  
**513.861.1295**

[www.annunciationbvmparish.org](http://www.annunciationbvmparish.org)  
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Many thanks to the **Girl Scouts** for their contribution to this event!